

Basic Skills – Hands on Training

List of Course Descriptions



Cleaning: How to Clean Absolutely Everything

This course is designed to teach and practice the 5 basic principles of cleaning: dry soil removal, detergency, agitation, rinse, and appearance enhancement. The students will learn how to identify and clean every type of surface and material. This action packed day will include:

- The 5-bucket cleaning method
- Wall Cleaning
- Floor and hard surface cleaning
- Basic textile cleaning
- Proper vacuuming techniques
- Care and maintenance of basic cleaning equipment
- The identification of porous, semi-porous and non-porous surfaces
- Basic safe chemical and material handling

Containment: How to Keep Bad Stuff Where it Belongs

This course will demonstrate the basic skills required to isolate, contain, and provide directed airflow on a project. Through practical application of the 5 steps to containment erection, students will become proficient in the basic skills of building, pressurizing and removing a containment structure without leaving a scratch! Upon successful completion of this course, students will be able to practically demonstrate the 5 steps to containment building, as well as, the ability to calculate the proper size and airflow requirements for a given situation. This action packed day will teach the student and allow them to practice:

- The 5 basic steps to size, plan, erect, pressurize and disassemble a containment structure without leaving a scratch!
- Containment sizing for a safe work environment
- Airflow calculation and pressure differentials
- Proper handling of materials and equipment used for containment erection.

Mitigation: How to Suck up and Dry Stuff

This course will demonstrate the basic skills required to de-flood, install drying and air moving equipment, and monitor and adjust on a project. Through practical application of the 5 steps to basic water damage restoration, students will become proficient in the basic skills of de-flooding, initial cleaning, installation of drying equipment and useful monitoring of the drying system. Upon successful completion of this course, students will be able to practically demonstrate the 5 steps to basic water damage restoration, as well as, the ability to install, monitor and maintain a drying system and the equipment used on a project. This action packed day will teach the student and allow them to practice:

- The 5 basic steps to properly and safely perform basic water damage services
- De-flooding techniques (e.g., pumping, extraction)
- Proper installation of drying equipment (e.g., dehumidifiers, air movers, energy equipment)
- Exclusive, efficient and effective monitoring techniques to evaluate the drying system and equipment performance
- Proper maintenance, handling and storage of extraction and drying equipment used

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Demolition: How to Wreck Stuff and Get Paid for it

This course will demonstrate the basic skills required to perform safe, effective and dustless demolition and material removal on a project. This course is designed to engage students to participate in a 95% hands-on learning environment. Through practical application of the 5 steps to basic dustless demolition and material removal, students will become proficient in the basic skills of proper surface preparation, demolition and material removal. Upon successful completion of this course, students will be able to practically demonstrate the 5 steps to perform safe, effective and dustless demolition and material removal on a project. This action packed day will teach the student and allow them to practice:

- The 5 basic steps to properly and safely perform dustless demolition and material removal
- Surface preparation
- Use and handling of equipment
- Disposal techniques and container loading

Crew Documentation: Figure it out, Write it, and CYA Without Words

This course will demonstrate the basic skills required to perform effective crew level inspection, monitoring and documentation on a project. Through practical application of the 5 steps to basic documentation, students will become proficient in the basic skills of proper crew level inspecting, monitoring and documenting work performed. Upon successful completion of this course, students will be able to practically demonstrate the 5 steps to perform effective crew level documentation and communication on a project. This action packed day will teach the student and allow them to practice:

- The 5 basic steps to effectively perform crew level documentation
- Basic inspection techniques
- Useful job/task monitoring and recording
- Communication up and down stream