



We're Bringing A Timely Approach To Vocational and Spiritual Development to Your City

...But only if you want it. And we think you will! Since the fall we've been testing a Culturally Agile Coaching Small Group Cohort model with women in Chicago and we are making ourselves available to partner with people across the nation who could benefit. The cohort is a committed collective journey using the Culturally Agile Coaching framework created to provide vocational and spiritual care and development to people of color and allies working in dominant-culture centered spaces. Here is what a couple of women who are a part of the Chicago cohort have to say so far:

"The Coaching Cohort has begun to help me feel more comfortable with some new ways of being/doing/seeing. The fellowship with and insight from other women in varying stages of life has been really informative and encouraging, as well." - Leah Graham

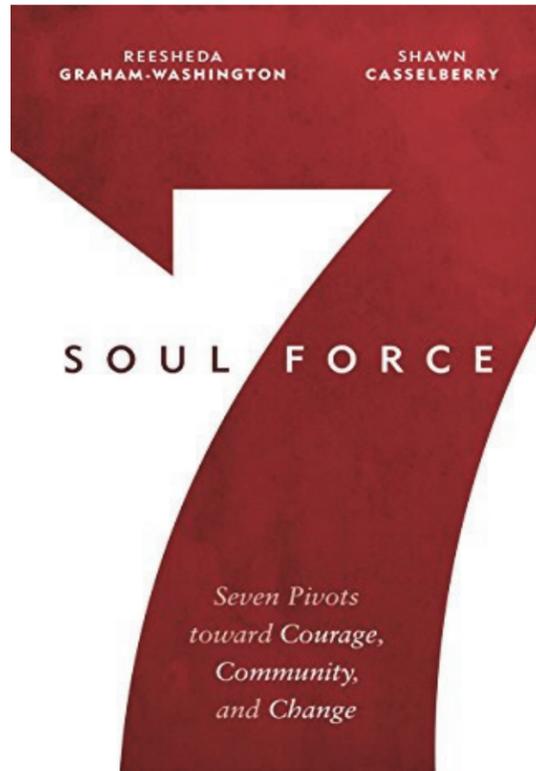
"In just a few short months I have already learned so much through Culturally Agile Coaching with Reesheda Graham-Washington. I have been introduced to a group of strong, diverse, capable women. I have learned how to be a better question asker and discernor through watching Reesheda coach. I have been challenged to consider how the questions I ask often reveal the answers I am seeking. I have become a better observer of myself and, therefore, a better leader of others." - Dori Gorman

Doors have already opened to help people start cohorts in Seattle and Houston as well. But if you are not in those cities, we are willing and able to join you right where you are. Just invite us!

Read on for an in-depth picture of what the experience has been like (from the point of

view of one of the women in our first cohort), the significance of the coaching cohort in empowering women, and how you can request partnership in starting a cohort in your context.

[READ MORE](#)



■ Soul Force Reviewed

The answer to suffering is justice.
The National Catholic Reporter

"Being Catholic in the age of Trump can be draining. The range of social injustices to be decried and vulnerable communities to be defended seems unending..."

A way of life that unleashes power for positive change.
Spirituality & Practice

"Reesheda Graham-Washington... and Shawn Casselberry... share their view of [soul force] as being deeply personal and community oriented."

UPCOMING

■ ELCA's Tri-Theological Conference

Reesheda and Shawn Casselberry of Mission Year will be in the Gulf Coast January 28-30, 2019, speaking at the [Evangelical Lutheran Church in America's Tri-Theological Conference](#) for leaders "to transform their leadership, renew their spiritual life, and inspire their theological imagination."

■ Our Pilgrimage

Join us February 7-9, 2019 for a dynamic pilgrimage through the South designed to activate and deepen our commitment to racial justice. "I am so glad I went on 'Our Pilgrimage.' God has shown me my path and I am excited to walk it." ~Maui, 2018 participant
To apply, email Ruth Nakai at ruth@missionyear.org.

ABOUT US

Communities First Association (CFA) is a national, faith-based organization of highly relational, expert practitioners who are committed to community transformation through the multiplication of skillful leaders in asset based community development.

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