Spa & Wellness
Menu



CASA CIPRIANI
SPA & WELLNESS MILANO

Discover a sanctuary of refined self-care, where elegance meets sophistication, seamlessly blending beauty and comfort to achieve holistic harmony of mind and body.

Enhance your well-being with our curated selection of massages and beauty treatments, merging advanced technologies with traditional techniques.
Guided by seasoned experts and backed by Cipriani's ninety-year legacy of impeccable service and attention to detail, every visit promises an unparalleled experience in the realm of wellness.

Facials

Milano Cipriani Signature| 80′ — 200€

Best for those seeking a unique ritual that guarantees rejuvenating effects

The ritual starts with a carefully selected essential oil, followed by a combination of techniques, including acupressure and buccal massage, to release deep-seated tensions in the face and neck. It finishes with the application of patented Italian products for beautiful luminosity, an even skin tone and an oxygenating and contoured effect.

Detox | 50′ — 150€

Best for detoxifying, redefining and improving skin hydration and texture

Manual massage provides instant sculpting, lifting and detoxification, fostering cellular respiration while revitalising tired skin for a fresh and radiant appearance.

Glass Skin | 50′ — 150€

Best for reducing redness and combatting the effects of daily environmental stressors

With a skin-icing product and gentle lymphatic massage, this calming facial swiftly clears congestion for a radiant complexion.

Perfect Eyes | 25′ — 100€

Best for reducing under-eye puffiness and diminishing dark circles

Utilises pure Hyaluronic Acid to achieve a brighter, fresher appearance and a toned, hydrated eye contour.

Pore Refiner | 50′ — 120€

Ideal for refining congested skin and addressing blocked pores

Achieve ultimate skin purification with our treatment which combines an enzymatic peeling mask, traditional face steaming and manual extractions.

Revive & Repair | 50′ — 150€

Best for frequent travellers whose skin becomes dehydrated and sensitive due to constant environmental changes

Using aloe vera gel, Elastin, and biotechnological proteins, this treatment hydrates and nourishes the skin, thus restoring vitality and enhancing facial radiance.

Sturmglow™ by Dr.Sturm | 60′ — 225€

Best for those preparing for a special occasion or simply seeking to restore their natural radiance.

The Sturmglow™ is a revitalising treatment designed to restore hydration, enhance skin barrier function, and impart a luminous, refreshed complexion. The treatment begins with a manual lifting massage, which stimulates circulation and helps sculpt and tone the face, creating an immediate firming effect. Perfectly suited for tired or lacklustre skin in need of a quick yet transformative boost.

THE Express | 25′ — 90€

Best for illuminating and oxygenating the complexion

Infused with pure vitamin C powder activated in liquid glutathione, this express facial ensures immediate skin rejuvenation and a luminous glow.

THE Lift | 80′ — 230€

Ideal for mature and lacklustre skin

This exclusive anti-ageing facial ritual, which includes a signature serum and cream to reduce wrinkles paired with an alginate mask, works deeply into the skin to provide instant firming and lifting effects.

THE Workout | 80′ — 250€

Best for achieving a more toned, lifted and defined facial contour

Combining pure Hyaluronic Acid with Vitamin C, this treatment boosts elasticity and luminosity, quickly refining skin texture and visibly reducing expression lines. Like a workout for the face, it results in rejuvenated, denser skin.

Advanced Facials

Hydrafacial

Ideal for restoring skin balance and rejuvenation through deep cleansing, resulting in an illuminating effect

Signature | 30′ — 170€

This meticulous hydrodermabrasion treatment gently purifies the skin, complemented by the application of deeply hydrating products for a revitalised glow.

Deluxe | 45′ — 210€

The Deluxe treatment goes beyond deep purification, incorporating a specialised booster chosen according to the skin's needs and LED light therapy: blue for purifying effects and red for soothing and stimulating microcirculation.

Platinum | 60′ — 250€

This comprehensive facial protocol combines elements from our Signature and Deluxe treatments, elevated by the inclusion of facial lymphatic drainage using a glass bell.

LED Express | 25′ — 90€

Best for reducing redness, diminishing hyperpigmentation and minimising breakouts

Harnessing the power of targeted LED light, this facial quickly addresses multiple skin concerns for a refreshed complexion.

Hair Revive | 60′ — 250€

Best for purifying and nourishing scalp while promoting hair growth

HydraFacial Keravive™ offers a distinctive and soothing therapy crafted to purify, invigorate and nourish your scalp and hair follicles, promoting the appearance of fuller, thicker and healthier hair.

Longevity by Dr.Sturm X Casa Cipriani | 60'/90' 250/280€

Ideal for those seeking advanced contouring, rejuvenation and long-lasting radiance.

The Longevity Facial by Dr. Barbara Sturm X Casa Cipriani is an exclusive 60-minute treatment that merges Dr. Sturm's renowned skincare expertise with the innovative Pure Lift Pro technology, harnessing microcurrent and EMS to deliver profound lifting and revitalising effects. Designed to provide both immediate and enduring results, this facial enhances facial contours, minimises wrinkles, deeply hydrates and repairs damaged skin for a visibly restored, radiant complexion.

For an even more comprehensive lifting experience, consider adding a 30-minute neck treatment, which deeply activates and elevates the muscles in the neck and décolleté area, offering a complete 360° rejuvenation.

Please note: Sensitive skin types may experience mild redness following the treatment.

Super Anti-Aging by Dr.Sturm | 75' 250€

Best for mature, dull or stressed skin in need of a restorative experience.

The Super Anti-Aging Facial by Dr. Barbara Sturm is an intensive, rejuvenating treatment, meticulously designed to replenish and fortify the skin's moisture reservoirs while delivering powerful anti-aging benefits. This facial strengthens the skin's natural barrier, reduces the appearance of fine lines and wrinkles, and supports cellular repair and regeneration. Recommended for more mature skin, the Super Anti-Aging Facial provides a visibly more defined, plumped, and radiant appearance.

Body Treatments

After Sun | 50′ — 150€

Ideal for treating skin damaged by prolonged sun exposure, relieving symptoms of dermatitis and soothing redness-prone skin.

Enhanced by a unique blend of aloe vera juice, apricot oil, murumuru and tucuma butter, this treatment intensifies skin elasticity. Perfectly soothing and refreshing, it's an ideal choice post sun exposure.

B Strong Plus | 50′ — 100€

Yields optimal results when complemented with regular physical exercise

This advanced device offers two treatment modes: high-power infrared LEDs to reduce fat accumulation and EMS Electro Myo Stimulation to tone and strengthen muscles enhancing your physique. It allows for personalised body sculpting to achieve your desired results.

Energising Detox Scrub | 50′ — 150€

Best for removing skin impurities and stimulating microcirculation

Commencing with a sea salt scrub infused with mint and eucalyptus essential oils, this body scrub swiftly leaves the skin smooth and purified due to its detoxifying properties. Following this, a specialised massage stimulates microcirculation and enhances skin oxygenation.

Nourishing Scrub | 50′ — 150€

Ideal for maintaining optimal skin health and hydration - akin to a comforting embrace

Our nourishing butter scrub, rich in vitamins and precious mineral salts, provides year-round skin nourishment, especially before and after sun exposure. Experience unparalleled softness and deep moisture with this indulgent formula.

Saline Exfoliation | 50′ — 150€

Ideal for restoring energy and vitality, while alleviating the discomfort of heavy legs

The essence of this treatment is embodied in its dynamic combination of active ingredients. Utilising a blend of sea salt and caffeine gel, applied with natural bristle brushes, it provides deep cleansing and invigoration. Enhanced with essential oils and extracts of citrus fruits, this exfoliating treatment infuses the body with a refreshing burst of energy while ensuring thorough purification.

Sculpting Mud Treatment Cool or Classic effect | 50′ — 150€

Optimal for targeted body shaping and promoting circulation stimulation

Our treatment combines natural clay with eucalyptus essential oil for a cooling effect to stimulate leg microcirculation or jojoba oil for heating action on specific body parts. This treatment shapes the body while reducing swelling and minimises skin imperfections.

Massages

THE Massage| 50′/80′ — 140/190€

Before commencing the massage, the therapist carefully considers your expectations and preferences to tailor the experience, selecting the most appropriate techniques for a fully personalised session.

CelluLight | 50′/80′ — 140/190€

Best for those seeking to detoxify and reduce the appearance of cellulite

By combining specific movements, this technique stimulates and assists in the elimination of excess fluids and toxins from the body. It also targets the connective tissue, aiding in its manipulation and promoting overall well-being.

Deep Tissue | 50′/80′ — 140/190€

Best for those seeking relief from muscle tension

Proficient techniques are employed to target the deep muscle layers, effectively alleviating tension.

Focus Massage | 25′ — 80€

Best for targeting stubborn aches and pains or simply looking to unwind

This express targeted massage focuses on a specific part of the body, which can include the back and neck, feet and legs, face, and scalp.

Mama-To-Be

We offer specially curated treatments tailored to the needs of expectant and nursing mothers. Our dedicated Spa receptionist is available to assist you in selecting the most suitable pre- or post-natal options.

Manual Lymphatic Drainage (MLD) | 80′ — 190€

Best for detoxification, reduced swelling and improved overall circulation

Experience the detoxifying benefits of the Vodder technique. This lymphatic massage promotes toxin elimination, reduces swelling, and enhances overall well-being through gentle, rhythmic movements.

Omeoenergetica | 25′/50′/80′ — 80/150/210€

Best for improving circulation, relieving muscle tension and enhancing tissue oxygenation.

Experience exceptional results with Omeoenergetica® Italian technology, combining manual massage with advanced electrodes to promote vasodilation, boost microcirculation, and enhance tissue oxygenation. Our 25-minute treatment optimises results and enhances your experience before any massage or facial.

Reflexology | 50′/80′ — 150/200€

Best for those seeking a holistic approach to improve their overall well-being.

Reflexology involves applying precise pressure to specific points on the feet, hands, and ears to stimulate energy flow throughout the body, promoting physical and mental well-being.

Relax Body & Mind | 50′/80′ — 140/190€

Best for alleviating stress, tension and promoting overall well-being

Sink into profound relaxation as gentle, flowing strokes envelop your body and mind, ushering you into a state of tranquillity. Simultaneously, these soothing motions promote circulation and enhance oxygen flow, revitalising your entire being.

Beauty Essentials

Classic Manicure	60€
Classic Pedicure	75€
Semipermanent Manicure	80€
Semipermanent Pedicure	90€
Semipermanent Removal | 15′	*from* 20€
Waxing | 25′/50′/80′	45/80/110€

Classic strip wax

Diode Laser Hair Removal

Personalised programs on request

MeDioStar Monolith, a market-leading technology, uses selective photothermolysis to target hair follicles without damaging the epidermis. This innovative approach makes epilation faster, safer and more effective for all body areas, phototypes and hair types.

Small area | 25′	80€
Medium area | 45′	120€
Large area | 80′	160€

Wellness Remedies

The Chill, Cryotherapy Chamber

Experience 3 minutes in our full-body Cryotherapy chamber for a reprieve from daily stress. This cold therapy encourages endorphin release, bolsters the body's natural defences and accelerates post-workout recovery.

Single Session	65€
Five Sessions	300€
Ten Sessions	550€

Fitness

At Casa Cipriani, our goal is to assist our guests and members in achieving their wellness objectives. Our foremost rule for success is to genuinely listen and understand each individual, ensuring a tailored and unique journey that perfectly aligns with their needs. Our Personal Trainers will guide you in crafting your program, adapting it as necessary and remain readily available for ongoing support and discussion.

**Exclusive to members and hotel guests.*

PT Single Session | 60'	120€
Reformer Pilates Session| 60'	120€

Spa Policies

Hours of Operation:

Spa	9 AM to 9 PM
Fitness	7 AM to 10 PM

Arrival Time:

We extend a heartfelt welcome to our guests and encourage their arrival fifteen minutes prior to the appointment start time. Please note that late arrival may result in a reduction of treatment time.

Cancellation Policy:

For the convenience of all our guests, any appointment modifications or cancellations must be communicated at least 24 hours before the scheduled booking to avoid a 100% penalty charge.

Facilities:

Members, hotel guests, and external guests have access to the treatments available in our Spa, located in Corso Venezia. However, the wellness amenities — including the sauna, hammam, flotation pool, and gym — are exclusively reserved for Casa Cipriani members and hotel guests. Members enjoy special rates on Spa treatments, with the exception of beauty essentials and retail products.

Health & Well-being:

Kindly advise of any health conditions, allergies, or injuries, which could affect your treatments while at the Spa at Casa Cipriani.

Spa Etiquette:

In our serene Spa environment, we prioritise tranquillity and relaxation. We kindly ask that you respect the privacy of others by maintaining subdued conversations and refraining from using mobile phones. Smoking and consuming alcoholic beverages are strictly prohibited. Members and hotel guests are required to wear swimwear when utilising the Spa amenities. Please note that individuals under the age of 18 cannot access the wellness and fitness areas.

Retail Boutique:

Take home the essence of your spa experience with our curated selection of beauty products and indulgent loungewear capsule available to buy at the Spa, to ensure relaxation continues long after your visit.

Reservations:

For appointments or further inquiries regarding our treatments, please feel free to contact us:

Tel: +39 0225564270 | Email: wellness.milano@casacipriani.com

To serve is first to love.



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