CASA CIPRIANI

SPA & WELLNESS MILANO

SPA MENU

MASSAGES

A relaxing experience of personalized, advanced massages that ease everyday stress and restore body and mind.

THE Massage

50 minutes €160 | 80 minutes €200

The Massage Ritual is thoughtfully tailored following a personal consultation with your therapist. Inspired by the timeless elegance of Italian hospitality, every ritual is carefully adapted to restore balance, ease muscular tension and encourage lasting wellbeing. More than a treatment, it is a refined moment of authentic care designed around you.

Deep Tissue

50 minutes €180 | 80 minutes €230

A deeply restorative massage designed to relieve persistent muscular tension and improve mobility. Slow, focused techniques and tailored pressure work through the deeper layers of muscle and connective tissue, helping to release areas of tightness, enhance recovery, and leave the body feeling lighter, stronger and rebalanced.

Lymphatic Detox

80 minutes €200

Designed to support the body's natural detoxification processes, this bespoke ritual pairs advanced skincare with a lymphatic technique inspired by the renowned Vodder method. Gentle, rhythmic movements restore a sense of lightness and enhance the skin's natural radiance.

Reflexology

50 minutes €160 | 80 minutes €200

An ancient wellness practice reinterpreted with the understated elegance of Casa Cipriani. Precise pressure applied to the feet, hands, and ears stimulates the body's energy flow, restoring balance, and inviting deep relaxation.

Thai Stretch

50 minutes €180 | 80 minutes €230

Rooted in centuries of Thai tradition, this immersive stretching ritual is guided by the practitioner's hands, feet and knees, combining assisted movements and mindful compressions. Performed on the treatment bed while fully clothed, it restores mobility, releases muscular tension, and leaves the body feeling effortlessly renewed.

FACIALS

Rituals that combine established techniques and innovation for relaxed skin and immediate, lasting radiance.

Milano Cipriani Signature

80 minutes €210

A highly personalized facial ritual combining aromatherapy with advanced manual techniques to release deep-seated tension and enhance the face's natural harmony. Buccal massage, combined with targeted stimulation techniques, helps improve firmness, definition, and radiance. High-performance Italian skincare completes the experience, leaving the complexion refreshed, luminous and visibly revitalized.

Iräye Lymphactive™

25 minutes €100

Best suited for uneven skin, dull complexion, hyperpigmentation and fine lines, the Iräye Lymphactive™ facial is a transformative lymphatic ritual available exclusively at Casa Cipriani in Milan. Featuring the patented Lymphactive™ Complex, this treatment stimulates the skin's natural lymphatic pathways, visibly reducing puffiness while patented active ingredients restore definition, hydration and luminosity.

Pore Refiner

50 minutes €160

A deeply purifying facial ritual combining enzymatic exfoliation, traditional facial steaming and meticulous manual extractions to clarify pores, refine texture and restore a fresh, balanced complexion.

Revive & Repair

50 minutes €160

A restorative facial ritual designed for skin requiring intensive replenishment. High-performance active ingredients work in harmony to restore the skin's natural balance, enhancing comfort, resilience and radiance for a complexion that appears healthy, refreshed and naturally luminous.

Sturmglow™ by Dr.Sturm

60 minutes €230

The Sturmglow™ Facial, developed with Dr. Barbara Sturm's science-led skincare philosophy, is a revitalizing ritual that restores hydration, strengthens the skin barrier and leaves the complexion visibly smoother, brighter and naturally radiant.

ADVANCED FACIALS

Advanced technologies targeting diverse skin needs, for a more luminous complexion and a sense of freshness.

Hydrafacial

Designed to restore balance, hydration and vitality through deep cleansing, leaving the complexion refreshed and naturally radiant.

Signature

30 minutes €180

A revitalizing introduction to the Hydrafacial experience. Gentle hydrodermabrasion deeply cleanses and hydrates the skin, restoring clarity, freshness and a naturally radiant complexion.

Deluxe

45 minutes €220

Building on the Signature treatment, this enhanced facial includes a personalized booster selected according to the skin's individual needs, together with LED Light Therapy to leave the complexion visibly brighter, healthier and more balanced.

Platinum

60 minutes €250

The ultimate Hydrafacial experience. Combining the benefits of the Signature and Deluxe treatments with lymphatic drainage, this comprehensive ritual helps reduce puffiness, improve circulation and reveal a complexion that appears sculpted, refreshed and luminous.

Longevity by Dr.Sturm X Casa Cipriani

60 minutes €250 | 90 minutes €280

The Longevity Facial by Dr. Sturm x Casa Cipriani offers a unique skincare ritual, available exclusively at the Spa at Casa Cipriani in Milan. This 60-minute treatment combines Dr. Sturm's expertise with Pure Lift Pro microcurrent and EMS technology, delivering powerful lifting and firming effects for advanced facial contouring and long-lasting radiance.
Designed for both immediate and lasting results, the facial enhances contours, reduces wrinkles, deeply hydrates and repairs damaged skin for a visibly restored, radiant complexion. For a complete 360° lifting effect, the experience can be extended with a 30-minute neck treatment targeting the neck and décolleté.

Please note: sensitive skin may experience mild redness following the treatment.

BODY TREATMENTS

Refined rituals that improve skin texture, for smooth skin and a sense of deep wellbeing.

Active Body Treatment

50 minutes €160 | 80 minutes €190

A highly effective ritual designed to stimulate lymphatic drainage, improve skin tone, and visibly reduce the appearance of cellulite. Combining a bespoke blend of essential oils with turmeric, ginger and organic apple cider vinegar, the ritual begins with a detoxifying clay exfoliation before a specialized mud application delivers either a warming or cooling action according to individual needs. A targeted draining massage completes the experience, restoring lightness, comfort, and renewed vitality to the body. The treatment can also be extended to the entire body.

B Strong Plus

50 minutes €110

This device combines high-power infrared LEDs to reduce fat accumulation with EMS (Electro Muscle Stimulation) to tone and strengthen, enabling personalized body sculpting for enhanced results.

Energizing Detox Scrub

50 minutes €160

An invigorating exfoliating ritual featuring mineral-rich sea salts infused with refreshing mint and eucalyptus to gently polish and purify the skin. A stimulating massage follows to encourage microcirculation, promote oxygenation and reveal exceptionally soft, luminous skin.

BEAUTY ESSENTIALS

Essential services for a complete beauty routine, from manicures and pedicures to professional waxing and advanced laser hair removal.

Classic Manicure
50 minutes €60

Classic Pedicure
50 minutes €75

Semipermanent Manicure
80 minutes €80

Semipermanent Pedicure
80 minutes €90

Semipermanent Removal
15 minutes from €20

Classic Strip Wax
Small area from €30| Medium area from €50| Large area from €80

Diode Laser Hair Removal
Small area from €80| Medium area from €120| Large area from €160

Powered by the advanced MeDioStar® Monolith platform, this state-of-the-art laser hair removal treatment delivers precise, comfortable and highly effective results through selective photothermolysis. Suitable for all skin phototypes and most hair types, it provides a safe, efficient, and long-lasting solution while respecting the skin's natural integrity.

*Personalised hair styling and make-up services are available upon request for Hotel guests.

WELLNESS EXPERIENCES

Targeted treatments for physical recovery and immersive mind-body experiences.

The Chill, Full-Body Cryo Chamber

Single session €65 | Five sessions €300 | Ten sessions €500

Experience the revitalizing benefits of the full-body cryo chamber through a three to five minute immersive cold experience. By stimulating endorphin release, bolstering the body's natural defenses and accelerating post-workout recovery, this invigorating ritual promotes renewed energy and resilience.

Serenity Sound Bath

20 minutes €120

A unique and deeply relaxing ritual in the flotation pool, set to the ancient vibrations of Tibetan Singing Bowls. With an 8% salinity, the pool effortlessly supports the body, enhancing complete relaxation. The sacred sounds of Om lead into a state of profound calm and inner balance, while micronized iodine diffuses gently into the air, melting tension and deepening the experience. A regenerating 20-minute meditation that restores perfect psychophysical balance.

FITNESS

A private, studio-inspired Fitness Center, featuring state-of-the-art equipment, a Pilates reformer and expert personal trainers who create exercise programs tailored to individual goals.

PT Single Session
50 minutes €120

Reformer Pilates Session
50 minutes €120

*Exclusive to members and hotel guests.

SPA POLICIES

Hours of Operation:

Spa 9AM -9 PM | Fitness 7AM - 10 PM
Hotel guests have 24-hour access to the Fitness Centre.

Arrival Time

To ensure a seamless and relaxing experience, we kindly invite guests to arrive at least fifteen minutes before their scheduled appointment. This allows time to unwind before treatment. Please note that late arrivals may require a shortened treatment duration to accommodate subsequent appointments.

Cancellation Policy:

Should you need to amend or cancel your reservation, we kindly request a minimum of 24 hours' notice. Changes received after this time will incur the full treatment fee.

Extra Time:

To accommodate treatments outside the Spa's regular opening hours, a €100 supplementary charge applies per booking.

Facilities:

Spa treatments are available to members, hotel guests and external visitors. Access to the wellness facilities, including the sauna, hammam, flotation pool and fitness center, is reserved exclusively for Casa Cipriani members and hotel guests. Members also benefit from preferred rates on Spa treatments, with the exception of Beauty Essentials.

Health & Well-being:

For your comfort and safety, we kindly ask that you inform our team of any health / medical conditions, allergies, injuries or pregnancy prior to your treatment. This enables our therapists to personalise your experience with the utmost care.

Spa Etiquette:

To preserve the peaceful atmosphere of the Spa, we kindly ask guests to maintain quiet conversation and refrain from using mobile phones within the wellness areas. Smoking and consumption of alcohol are not permitted. Swimwear is required when using the facilities, and access to the wellness and fitness areas is restricted to guests aged 18 years and over.

Reservations:

For appointments, personalised recommendations or further information, our Wellness team will be delighted to assist you.

Tel: +39 0225564270 | Email: wellness.milano@casacipriani.com

TO SERVE IS FIRST TO LOVE

-Arrigo Cipriani



CASA CIPRIANI

SPA & WELLNESS MILANO

+39 02 2556 4270

casaciprianimilano.com